

USAPL Lone Star State Open 2009

Saturday, July 11, 2009

The Lonestar Convention & Expo Center – Conroe, Texas

Location: The Lonestar Convention & Expo Center
9055 FM 1484
Conroe, TX 77303

Meet Directors: Tony Cardella Christy Newman
832-326-6179 281-785-6310
powerlifter@goheavy.com christynewman@hotmail.com

Entry Fees: \$50 per division before 6/27/09, \$75 per division after 6/27/09

Awards: 1st – 3rd place all divisions and weight classes, best lifter awards by Wilks formula

Divisions: Powerlifting – Junior, Open, Masters, Open Raw
Bench Press Only – Open, Masters, Open Raw

Weight Classes: Women – 105, 114, 123, 132, 148, 165, 181, 198, 198+
Men – 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+

Entry Deadline: June 27, 2009

Schedule: Fri, Jul 10 5 – 8pm Early Equipment Check/Weigh-In
(*subject to change*) Sat, Jul 11 7 – 8:30am Equipment Check & Weigh-Ins
8:30am Rules Briefing
9am Lifting Begins

Please note that all lifters attempting State and/or American Records must weigh-in on Saturday morning.

Eligibility: Open to all USA Powerlifting members. Membership cards may be purchased at the meet. All lifters must be drug-free for thirty-six (36) months.

Make check or money order payable to: Tony Cardella.

Mail entry form and payment to:

Tony Cardella
31707 Cattail Park Ct
Conroe, Texas 77385

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Name: _____
Address: _____
City: _____ State: _____ Zip code: _____
Home Phone: _____ Cell Phone: _____
Email Address: _____
Age: _____ Date of Birth: _____ Gender: _____
Division(s): _____ Weight Class: _____
USAPL Card No: _____ T-Shirt Size: _____

Certification

Read this CAREFULLY. When you sign it, you will be giving up important legal rights.

In consideration of the acceptance of my entry blank in this powerlifting competition, I intend to be legally bound, not only for myself but also for my heirs, my executors, and my administrators. In signing this release from liability I waive and release everyone connected with this competition from any and all legal liability which may arise from this competition being held at Steel Fitness.

Moreover, I agree that any testing method which the meet director and the sponsors of this meet use to detect the presence of strength-inducing drugs and controlled/banned substance SHALL BE CONCLUSIVE. That is, whether I think the results of the test are right or wrong, I agree that I have no right to challenge the results of the drug test. I further agree to submit to any physical test which may be necessary to complete the drug testing. Should I fail to pass the drug test, I agree to waive any claim which might arise under state law for defamation, slander, libel, or any other claim for which legal relief is available. If it is determined that I have failed the drug test, I agree to forfeit any trophy or award which I might have otherwise won.

I agree to pay any attorney fee and litigation expenses incurred by any person, real or corporate, whom I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the sine qua non, for the acceptance of my entry in this contest.

Signature in full of applicant

Signature in full of parent/guardian if
applicant is under 18 years of age

